

July 24, 2020

FOR IMMEDIATE RELEASE

Christian County Health Department Reports Twenty-Six New Cases

Christian County Health Department reports twenty-six (26) new COVID-19 cases. To date, Christian County has a cumulative total of two-hundred eleven (211) cases (one-hundred ninety-six (196) confirmed and fifteen (15) probable). The health department is currently monitoring ninety (90) active cases. One-hundred fifty-five (155) of the two-hundred eleven (211) cases have been reported since July 2, 2020. The county has reported one (1) COVID-19 related death.

With the recent significant increase in positive cases, the health department would like to remind the community that at this point-in-time there is a potential for you to be exposed at any public location. **The best way to prevent illness is to avoid being exposed to the COVID-19 virus.** The health department is urging all community members to wear a face mask while out in the public. Masks are especially important in situations where staying more than six feet away from others is a challenge. Wearing a mask in public offers protection to people around you, especially those who are higher risk of getting sick. Please keep in mind that you may be infected with COVID-19 without realizing. Wearing a face mask significantly reduces the risk that you will spread the virus unknowingly.

Other ways to help decrease your risk of contracting or spreading COVID-19 includes:

- Washing your hands frequently
- Avoiding touching your face
- Avoiding close contact with people who are sick
- Practicing social distancing of at least six feet
- Avoiding situations where you cannot practice social distancing, such as large gatherings and crowded places
- Sneezing or coughing into a tissue, or the inside of your elbow
- Avoiding touching frequently touched surfaces
- Staying home if you feel sick, and seek medical attention

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