

July 20, 2020

FOR IMMEDIATE RELEASE

Christian County Health Department Reports Twenty-Eight New Cases

Christian County had twenty-eight (28) new COVID-19 cases reported over the weekend. To date, Christian County has a cumulative total of one-hundred seventy-six (176) cases (one-hundred sixty-one (161) confirmed and fifteen (15) probable). The health department is currently monitoring seventy-six (76) active cases. The county has reported one (1) COVID-19 related death.

The health department would like to remind the community that due to the volume of positive cases that we continue to receive and the limited number of staff that we have available to complete investigations, Christian County Health Department will no longer be informing the public of low-risk exposures. The health department staff will continue to investigate all positive cases and reach out directly to those individuals who have a known exposure. With the recent significant increase in positive cases, the health department would like to remind the community that at this point-in-time there is a potential for you to be exposed at any public location. **The best way to prevent illness is to avoid being exposed to the COVID-19 virus.** The health department is urging all community members to wear a face mask while out in the public.

In order to help decrease your risk of contracting or spreading COVID-19, the health department recommends that you:

- Wear a face mask in public areas and when you are unable to socially distance at least 6-feet from others
- Wash your hands frequently
- Avoid touching your face
- Avoid close contact with people who are sick
- Practice social distancing
- Avoid situations where you cannot practice social distancing, such as large gatherings and crowded places
- Sneeze or cough into a tissue, or the inside of your elbow
- Avoid touching frequently touched surfaces
- Stay home if you feel sick, and seek medical attention

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